



WELCOME TO FALL SEMESTER 2017

KV Focus Plus is the e-newsletter for Kalamazoo Valley administrators, faculty and staff. If you have a comment, suggestion or something you'd like included, please email kvfocusplus@kvcc.edu.

Havirmill Cafe and 418 Reopen

The student-run Havirmill Cafe and 418 restaurant located in the Culinary and Allied Health Building will reopen for the fall semester Sept. 12 with expanded hours and breakfast service.

The Havirmill Cafe will be open 7:30 a.m. to 2 p.m. Monday through Friday. Breakfast service will include coffee and baked goods such as scones, breads and muffins. The lunch menu includes fresh and inventive sandwiches, composed salads, salad bar, and a hot bar featuring international cuisine with recipes from different countries on the menu each week.

The 418 restaurant is open for dinner from 5 to 7 p.m. Tuesday through Friday with a menu focusing on locally sourced and Michigan-produced foods. Walk-ins are welcome, but reservations are highly recommended. Locally produced beer, wines and hand crafted cocktails are available. For reservations, call 269.548.3200. [more](#)



**WHAT'S COOKING
AT THE BHLC?**



Celebrate the fall semester at the Welcome Back Ice Cream Social, Thursday, Sept. 7 from 1-3 pm on the green space behind Anna Whitten Hall and Friday, Sept. 8 from 1-3 pm at the Center for New Media. Enjoy ice cream, meet new colleagues and interact with students.

Kalamazoo Valley offers hands-on cooking classes designed to help participants understand the connections between food, its nutritional value and health. Based on the principle of “food as medicine,” each class focuses on improving nutrition knowledge and includes new strategies for using food to impact health.

Working with our registered dietitians and world-class executive chefs, participants will learn to prepare meals that emphasize seasonal and local produce. Classes are held at the Bronson Healthy Living Campus in downtown Kalamazoo. Try our [Yogurt Brownie](#) recipe now!

STRENGTH SPOTLIGHT

As a strengths-based organization, Kalamazoo Valley gives its employees the opportunity to develop their strengths by building on their greatest talents – the way in which they most naturally think, feel, and behave as unique individuals.

In upcoming issues of KV Focus Plus, we will highlight one of the 34 different signature themes as identified by the Clifton StrengthsFinder Inventory as well as the names and titles of different people within the college who share it as their number one strength so you can learn more about the people you interact with on a daily basis.

This Issue: Deliberative

People especially talented in the Deliberative theme are careful, vigilant and private. They see the world as an unpredictable place and approach life with a certain reserve. For example, they like to plan ahead so as to anticipate what might go wrong. They walk with care – identifying danger, weighing their relative impact and then placing their feet deliberately.

The genius of the Deliberative talent is found in the quality of a person's decisions, choices, values and directions they decide to pursue. Additionally, it allows them to look at an issue from multiple sides. They will “play the devil's advocate” as they think through alternatives, values, and propositions – resulting in very quality decisions and depth of understanding.

Did you know that Acquisitions Specialist **Chris Robbins**, Computing Support Technician **Larry Sandt**, Custodian **Tim Besteman**, Publications/Media Specialist **Tarona Guy**, Student Employer Relations Liaison **Tracey Quada**, Counselor **Melissa Farris**, and Groundskeeper **Sarah Thomas** are among the many faculty and staff who have Deliberative as their number one strength.

[Click here to learn more.](#)

CAMPUS SAFETY TIP

Don't leave obvious valuables in plain view in your car. Sometimes, temptation and availability is all that is needed to cause a would-be thief to attempt and complete a theft.

CAMPUSCONNECTIONS

TEXAS TOWNSHIP CAMPUS

[Brother2Brother Meet and Greet](#)

ARCADIA COMMONS CAMPUS

[New Guitar Exhibit Opens Sept. 30 at KVM](#)

BRONSON HEALTHY LIVING CAMPUS

[Healthy Living Summit Set for October 21](#)

THE GROVES CAMPUS

[New Fall Community Fitness Center Classes](#)

[Corrections Officer Training Academy Begins in October](#)

KALAMAZOO VALLEY IN THE NEWS

[Medical Culinary Course Explores the Connection between Food and Mental Health](#)

[Sparkling Student Curiosity - Watervliet Alum Returns to Paint Mural](#)

[Become a Corrections Officer in Just Four Weeks at Kalamazoo Valley](#)

[Lean Office Training Coming to Groves Campus](#)

[UPDATE: The Great American Eclipse in Kalamazoo](#)

[Their College Major is Beer, How Cool is That?](#)

[Kalamazoo Sustainable Brewing Program Receives National Recognition](#)



**STAFF & FACULTY
DEVELOPMENT**

**CALENDAR OF
EVENTS**

**HUMAN
RESOURCES**